# SMART 401 (K) INVESTING DURING A FINANCIAL DOWNTURN

human investing<sup>®</sup>
Thursday, April 30, 2020



JILL NOVAK, SHRM-CP

Chief People Officer
jill@humaninvesting.com
SHRM-CP certified for HR professionals



**ANDREW NELSON** 

Director of Workplace Advisory
andrew@humaninvesting.com
Over 10 years of experience working with
companies and increasing the financial literacy of
employees and committees

### WELCOME, THANKS FOR JOINING US



Taking inventory



Maximizing your 401(k)



Zooming out: Highest and best use for a dollar



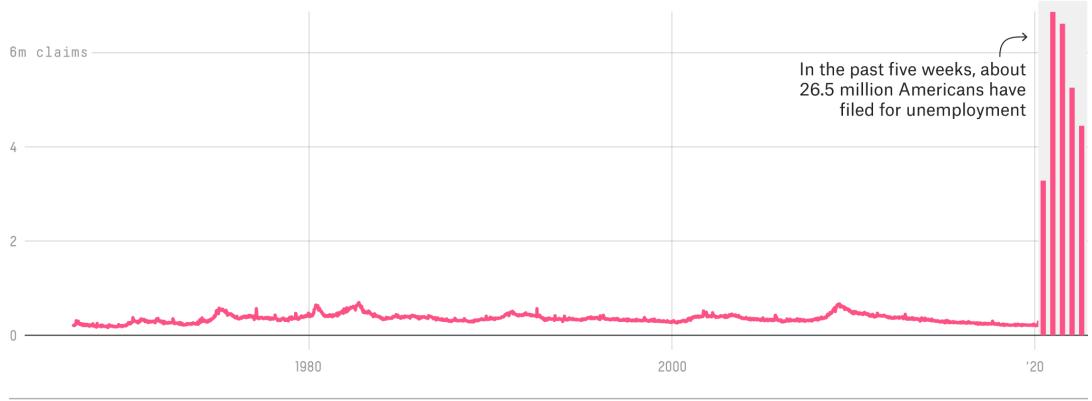
Action Plan



Q&A

#### The coronavirus has led to historic unemployment numbers

Weekly seasonally adjusted initial unemployment insurance claims, 1967-2020

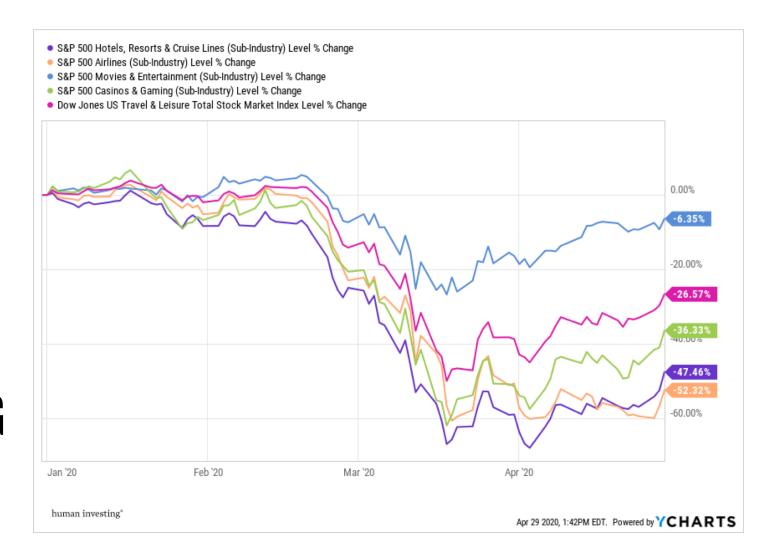


FiveThirtyEight SOURCE: FEDERAL RESERVE BANK OF ST. LOUIS

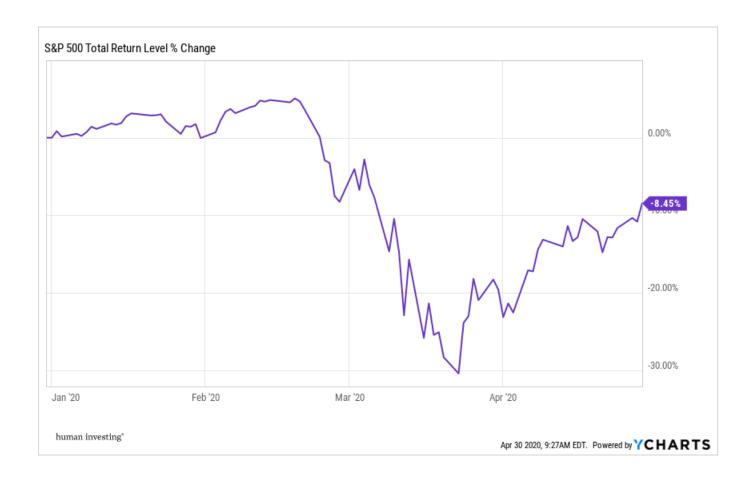
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## THE HARDEST HIT COMPANIES OF THE COVID-19 DOWNTURN:

## BOOKINGS ENTERTAINMENT AIRLINES CASINOS & GAMBLING HOTELS



#### YET THE STOCK MARKET IS ONLY DOWN 8.5% THIS YEAR





#### Match company contributions

Roth vs. Pre-Tax

#### **Simplify investing**

- Target Date Funds
- Index Funds

#### **Understand plan rules**

- Don't give away free money
- Ways to access dollars

#### **Compound interest**

PRE-TAX 401k

NO TAXES NOW

TAXED LATER

ROTH 401k

TAXED NOW

NO TAXES LATER

VS



#### Match company contributions

Roth vs. Pre-Tax

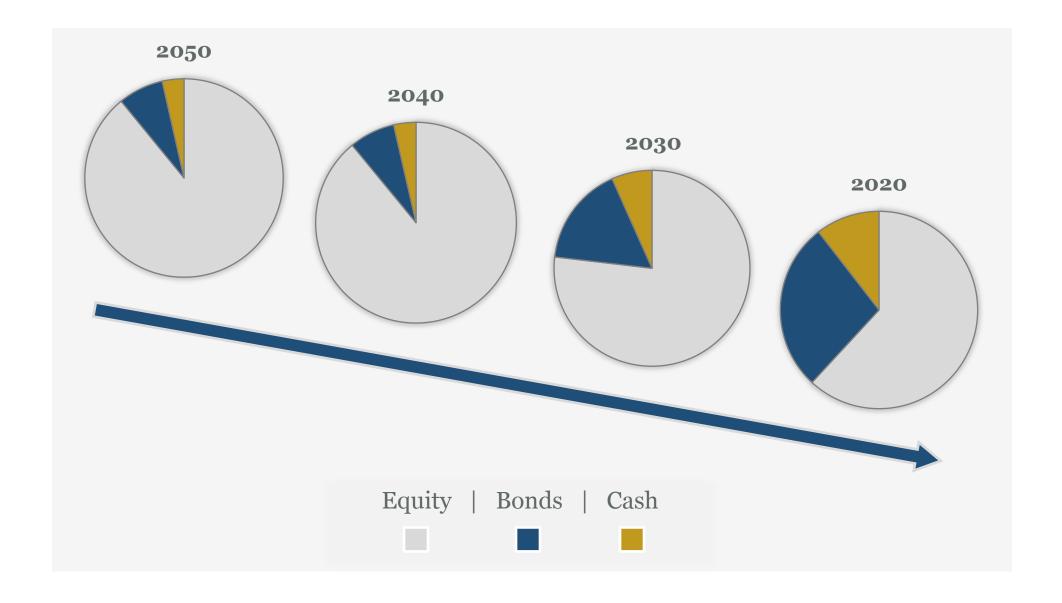
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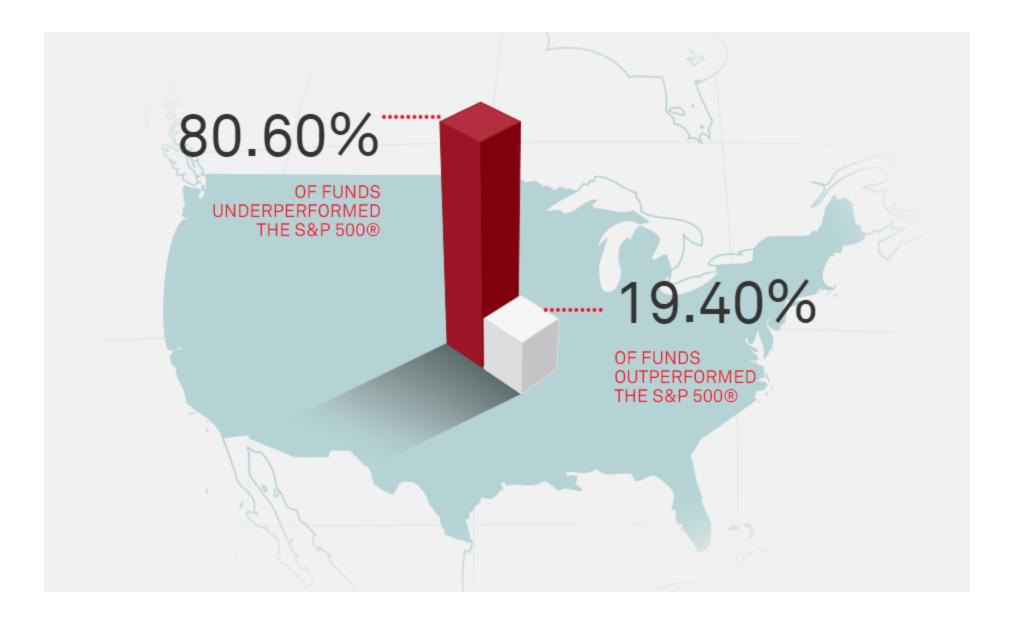
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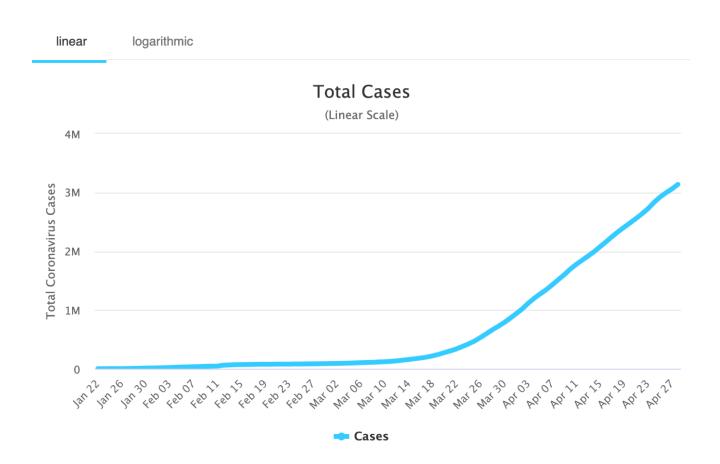
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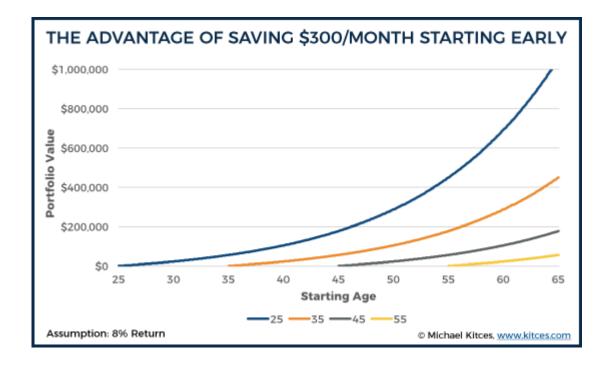
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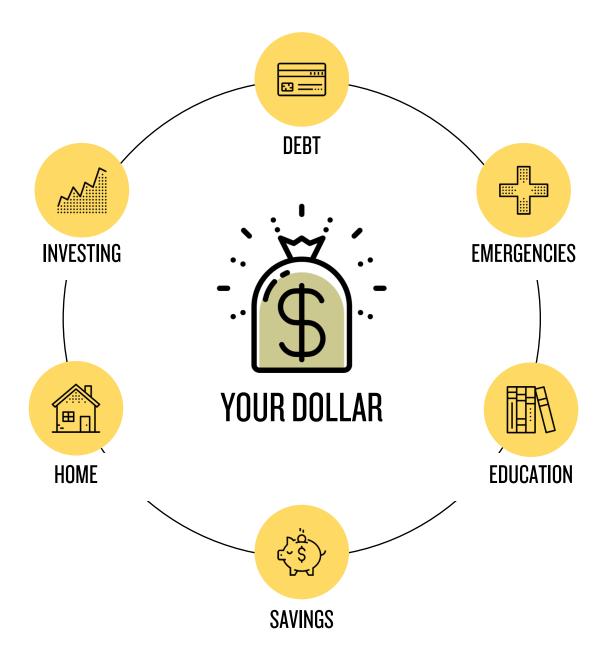
#### **Compound interest**













Recognizing where your 401(k) fits in your financial picture

**Student loans** 

**Credit card debt** 

**Emergency fund** 

Other debt (house, medical, etc.)

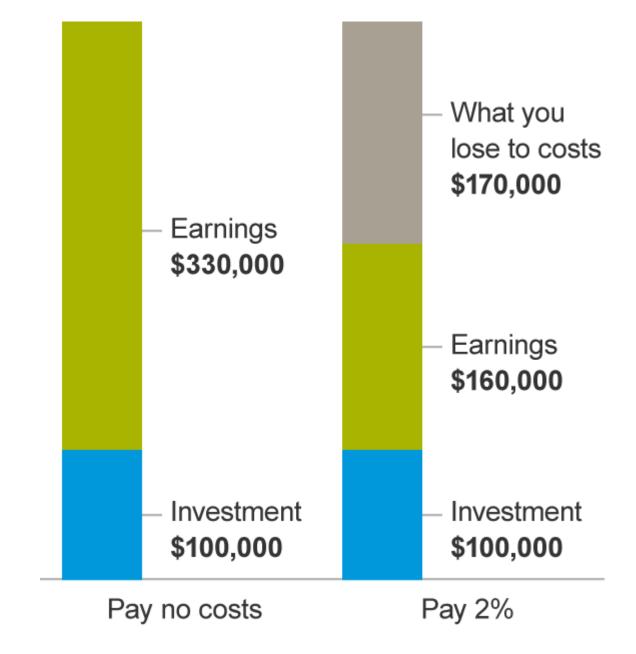


Use a simple financial calculator to track your process for retirement savings

Make the "investing" piece of your retirement account the most turnkey part of your plan.

Extra Credit: Understand the cost of your investments

### FEES KILL: COMPOUND INTEREST



## 

### THANK YOU FOR JOINING US!

Webinar recap on humaninvesting.com/webinars



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